

Sex and Relationships Scheme of Work

	Learning Intentions Year 1 &2	Learning Intentions Year 3 &4	Learning Intentions Year 5 & 6
<u>Lesson 1</u> Growing and Changing	<ul style="list-style-type: none"> To be able to describe some of the functions of some of the parts of the body To identify similarities and differences between themselves and the opposite gender To recognise and name, using the proper terminology parts of the body and what those parts do To consider the ways they have changed physically since they were born To consider the changes that will take place in the future To explain why it is important to keep clean and the things we need to do so. To introduce the term gender and male and female in animals 	<ul style="list-style-type: none"> To recognise that change is a part of growing up To appreciate that there are a number of very important organs in the human body some of which change as we grow into adults. To identify the differences between males and females, name male and female body parts using agreed words To Identify some basic facts about growing and changing and introduce the word puberty To understand changes in our feelings and emotions as we grow up To understand the need for personal hygiene and will be able to recognise what they need to do to keep clean 	<ul style="list-style-type: none"> Understand the physical and emotional changes that take place at puberty. To understand why they happen and how to manage them To explore attitudes and feelings about growing up To understand the basis of the menstrual cycle and why it occurs. To understand sperm production and why it occurs To understand and describe male and female reproductive organs. To fully understand the need to stay clean particularly during puberty.

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<u>Lesson 2</u> Reproduction /life cycles	<ul style="list-style-type: none"> ✚ To recap on the terms gender, male and female in relation to animals and humans ✚ To discuss life cycles in living things. ✚ To know that animals and humans produce babies ✚ That reproduction can happen in different ways for animals ✚ That animals grow as do children's and then into adults ✚ To begin to consider some basic concepts that will take place during pregnancy 	<ul style="list-style-type: none"> ✚ Reflect on life cycles and what happens when a life cycle ends or is broken. ✚ To look at different life cycles in living things and where they come from ✚ To think about what reproduction is necessary in all species ✚ To understand some of the processes of reproduction and how we are made ✚ To identify some basic facts about and pregnancy 	<ul style="list-style-type: none"> ✚ To name the male and female internal and external sexual reproductive parts ✚ To make clear the link between changes at puberty, sexual intercourse and the start of a baby. ✚ To know and understand the process of reproduction and how this is part of a loving relationship ✚ Describe conception in basic terms To know and understand the process of how babies are born

